

ACCESS TO CARE WORK GROUP

August 28, 2018

Maura Rossman, M. D., Health Officer
Howard County Health Department

Steven C. Snelgrove, President
Howard County General Hospital

Kelly L. Kesler, M.S., C.H.E.S.®, Director
Howard County Local Health Improvement Coalition



Promote. Preserve. Protect.

Howard County LHIC

Local Health Improvement Coalition

PURPOSE & AGENDA

GOAL: At the end of this meeting, workgroup members will be made aware of FY 18 progress towards the Access to Care Strategic Plan objectives, have an overview of the Access to Care-focused Full LHIC meeting and will identify specific strategies and commitments towards increasing health care utilization by HC residents.

AGENDA:

- A. Welcome and Introductions
- B. Approval of Minutes and Announcements
- C. Howard County Health Insurance Video
- D. Access to Care Utilization Focus
 - FY 18 Data Reporting
- E. Overview of September Full LHIC and Feedback
- F. Discussion: Tactics for ATC Education and Awareness
- G. Next Steps and Meeting Wrap-Up

WELCOME AND INTRODUCTIONS

- Recap of Previous Meeting
- Member Announcements

From Head to Toe, We Have You Covered.

OPEN 6
DAYS A WEEK

Premier Health
Express
URGENT CARE

- Open 10am - 10pm
- Walk-Ins Welcome
- Online Visits Available
- Pediatrician Also Available
- Most Insurance Accepted
- Private Pay Accepted
- Military Friendly
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7TH ANNUAL MARYLAND LIVING WELL EVIDENCE-BASED TRAINING ACADEMY



WHEN:
Thursday, September 6, 2018
8:00 AM—3:30 PM

WHERE:
MedStar Harbor Hospital
Baum Auditorium
3001 S. Hanover Street
Baltimore, MD 21225

MARYLAND
LivingWell
CENTER of EXCELLENCE

SAVE THE DATE

**CONTINENTAL
BREAKFAST AND
LUNCH WILL BE
PROVIDED**



**FOR MORE
INFORMATION
PLEASE
CONTACT:**

Wendy Farthing
wmf@macinc.org

2018 Champions of Change Conference



Capacity-Building Workshops To Improve Quality of Service

- Building Your Race and Equity Lens
- Authentic Community Engagement
- Homelessness 101
- Community Change through Collective Impact

Workshop Facilitators

- Tamarack Institute
- Associated Black Charities
- National Alliance to End Homelessness

Thursday, September 13, 2018, 8:30 am– 4:30 pm

Sheraton Columbia Town Center Hotel

Registration Fee \$35 (Continental Breakfast and Lunch Included)

CEUs Available

Register at: championsofchange2018.eventbrite.com

For more information or if you need this flier in an alternate format, or need accommodations to attend this event, contact 410.313.0221 or mscinfo@howardcountymd.gov.

 Department of
Community Resources and Services

START LIVING WELL TODAY!

Living a HEALTHY Life with CHRONIC PAIN

Good health is imperative to your quality of life.

This Chronic Pain Self-Management Program is designed for people who have a primary or secondary diagnosis of chronic pain.

ELKRIDGE 50+ CENTER

6540 Washington Blvd., Elkridge 21075

WEDNESDAYS • 1:00 - 3:30 PM

October 17, 24, 31 AND November 7, 14, 21

Course materials will be provided, which can also be purchased on-site for a nominal fee.

To achieve the most benefits from this program,
we encourage a commitment to attend all six sessions.

TOPICS INCLUDE:

- Managing Symptoms and Challenges
- Exercising for Strength and Flexibility
- Taking Medications Appropriately
- Evaluating Treatment Options
- Balancing Activity and Rest
- Achieving Goals



To register or for more information, contact:

JEN LEE

jlee@howardcountymd.gov

410-313-5940 (VOICE/RELAY)

If you need accommodations to attend or need this information in an alternate format, contact Maryland Access Point at 410-313-1234.

 Howard County Office on
Aging and Independence
Department of Community Resources and Services

www.howardcountymd.gov/livingwell



Advance Care Planning

Free

3rd Thursday of the month • 3-7 p.m.

Walk-In • HCGH Wellness Center

Receive free, individual assistance with your advance care planning. Our staff will help you think through your care wishes, complete an advance directive and electronically store your documents for providers to easily access. Having your advance directive on file at the hospital allows providers to follow your wishes if you are ever at the hospital and unable to communicate.

An advance directive is a legal document that assigns a health care agent, a person who would speak for you should you be unable to communicate for yourself. It can also include a living will, which is a document that communicates your health care wishes. Learn more about advance directives at www.speakeasyhoward.org.

Walk-in, first-come, first-serve, Registration is not required for this program.

For more information, contact Karen Shelton:

kshelto7@jhmi.edu

Phone: 443-518-6684

Fax: 410-720-8786



Program is held in the HCGH Wellness Center, 10710 Charter Drive, Medical Pavilion at Howard County, Suite 100, Columbia



Photo by Hunter Newton

12th Annual Counseling and Career Services Conference

SAVE THE DATE

“Addressing Racial Trauma”

Friday
30
NOVEMBER
2018

8:30am—12:00
Howard
Community
College
Columbia, MD

3 Diversity
CE's
Available!

As a result of this training participants will be able to:

- Define racial trauma and identify related symptoms
- Describe types of race-related responses to racial trauma and violence
- Delineate counseling/practice strategies for addressing racial trauma responses



Co-Sponsored by:

Contact: Dr. Jay Coughlin | 443.518.4032 | jcoughlin@howardcc.edu



SPEAKER



Carlton E. Green, Ph.D.

Licensed Psychologist

Director of Diversity Training & Education,
Office of Diversity & Inclusion, UMCP

Work Group Job Action Review

HEALTHCARE ACCESS MARYLAND VIDEO



Access to Care Utilization Focus

CDSMP-SPECIFIC DATA REPORTING FOR FY 18

● Journey to Better Health

FY18 Course Offerings & Locations	Enrollment Capacity	Enrollment per Location
Living Well - HCGH Wellness Center	16	10
Living Well - HCGH Wellness Center	16	10
Living Well – Christ Memorial Presbyterian Church	16	13
Living Well - St John Baptist Church	16	9
Living Well - St John Baptist Church	16	10
Living Well - HCGH Wellness Center	16	11
Cancer Self- Management – HCGH Wellness Center	16	11
Living Well with Diabetes – HCGH Wellness Center	16	13
Tomando Control de su Salud – Wild Lake Interfaith Center	16	16
Totals	144	103

FY 17 Enrollment Capacity: 150

FY 17 Total Enrollment: 94

FY 18 Participation%: 71.5%

FY 17 Participation%: 62.7%

CDSMP-SPECIFIC DATA REPORTING FOR FY 18 (CONT'D)

● Office on Aging and Independence

FY18 Course Offerings & Locations	Enrollment Capacity	Enrollment per Location
Waverly Gardens	16	10
Bain 50+ Center	16	10
George Howard Building	16	13
Medical Pavilion at Howard County	15	9
George Howard Building	15	10
Bain 50+ Center	15	11
The Village at Howard	15	11
Elkridge 50+ Center	15	13
La Casa de Rosa	15	16
Totals	138	76

FY 17 Enrollment Capacity: 64

FY 17 Total Enrollment: 26

FY 18 Participation%: 55.1%

FY 17 Participation%: 41%

OVERVIEW OF FULL LHIC PRESENTATION

FULL LHIC: SEPTEMBER 27- ACCESS TO CARE FOCUS

- ATC Priority: Increase in Health Service Utilization
 - Transition from focus on health insurance enrollment
 - Will still support Open Enrollment
- CDSMP Presentation: 4 main objectives
 1. What are the SMRC CDSMP Programs?
 - How are they unique?
 - What is their value?
 2. How does one become a lay leader?
 - Training process
 - Requirements to maintain certification
 3. Call to Action: LHIC Member Organizations to serve as Host Sites
 - Value added to organizations
 - Embedding leaders within organizations
 4. Call to Action: LHIC Member Organizations to promote CDSMPs and increase CDSMP referrals

Discussion: Tactics for Access to Care Education/Awareness



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 School Health I ... 08:00am Diabetes Preven ... 09:30am MD-AWARE Youth ... 12:00pm Talk Save Live ... 02:00pm Farmer's Market ...	2 School Health I ... 09:30am MD-AWARE Youth ... 02:00pm Farmer's Market ...	3 09:30am MD-AWARE Youth ... 10:00am Living Well ... 01:30pm Living Well ... 09:00am We Walk for Wel ...	4 08:00am FREE Boot Camp ... 09:00am Farmer's Market ... 09:00am We Walk for Wel ...
5 09:00am Farmer's Market ...	6 05:30pm FREE Community ...	7 12:00pm Prevent T2 Prog ... 05:30pm Living Well ...	8 08:00am Diabetes Preven ... 01:00pm Youth Mental He ... 02:00pm Farmer's Market ...	9 11:00am Engaging Youth ... 01:30pm Living Well ...	10 10:00am Living Well ... 01:30pm Living Well ... 09:00am Farmer's Market ...	11 08:00am FREE Boot Camp ... 09:00am Farmer's Market ... 09:00am We Walk for Wel ...
12 09:00am Farmer's Market ...	13 05:30pm FREE Community ...	14 09:00am Exercise Course ... 12:00pm Prevent T2 Prog ... 05:30pm Living Well ...	15 08:00am Diabetes Preven ... 02:00pm Farmer's Market ...	16 02:00pm Farmer's Market ... 03:00pm Advance Care Pl ... 06:00pm Opioid Overdose ...	17 10:00am Living Well ... 01:30pm Living Well ... 09:00am Farmer's Market ...	18 08:00am FREE Boot Camp ... 09:00am Farmer's Market ... 09:00am We Walk for Wel ...
19 09:00am Farmer's Market ...	20 05:30pm FREE Community ...	21 12:00pm Prevent T2 Prog ... 02:00pm Dietary Counsel ... 05:30pm Living Well ...	22 08:00am Diabetes Preven ... 01:00pm Using Medicare ...	23 09:00am Behavioral Heal ... 02:00pm Farmer's Market ...	24 10:00am Driver Safety F ... 10:00am Living Well ... 01:30pm Living Well ...	25 08:00am FREE Boot Camp ... 09:00am Farmer's Market ...

The Howard County Local Health Improvement Coalition (HCLHIC) is working to increase participation in evidence-based Chronic Disease Self-Management Education programs by 20% in an effort to reduce emergency department visits related diabetes and hypertension in Howard County. HCLHIC partner organizations including: *Howard County General Hospital, Office on Aging and Independence and The Living Well Center of Excellence at MAC, INC.* are collaborating to make these programs accessible to the community. *You can help by sharing these upcoming partner programs!*

Howard County Resource Guide – Chronic Disease Self-Management Education Programs

CHRONIC DISEASE SELF MANAGEMENT EDUCATION				
Program Name & Link	Disease type	Program Description	Dates	Location
Living Well https://bit.ly/2M9id65	Chronic Disease	A 6-week workshop for people who live with or are at risk of having a chronic condition such as heart disease, diabetes, cancer, obesity, depression, chronic pain, arthritis, lung disease and any other health concerns. <ul style="list-style-type: none">Learn techniques to cope with feelings of frustration, fatigue, pain and isolationDevelop skills to communicate more effectively with family, friends and health professionalsLearn exercises to maintain and improve strength, flexibility and enduranceImprove nutrition and develop healthy eating habits	9/20/18, 9/27/18, 10/4/18, 10/11/18, 10/18/18, 10/25/18 1:30 – 4:00pm	Howard County General Hospital Wellness Center Medical Pavilion 10710 Charter Drive, Suite 100 Columbia, MD 21044 Journey to Better Health 410-720-8788 HCGH-J2BH@hmi.edu
			*Must be 18 and older to attend	
			9/20/18, 9/27/18, 10/4/18, 10/11/18, 10/18/18, 10/25/18 5:30 – 8:00pm	
			*Must be 18 and older to attend	
			9/21/18, 9/28/18, 10/5/18, 10/12/18, 10/19/18, 10/26/18 10:00am – 12:30pm	
			*Must be 18 and older to attend	

Revised 8/28/18

www.hclhic.org

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From HCAM – Your Howard County, ACA Connector Entity

HCAM wants our valued consumers to know that they should plan to come in to see a Navigator during Open Enrollment, (November 1st thru December 15th) so they can see the plans and prices, and make an informed decision with the facts, about enrollment for 2019 coverage. Also, regardless of the ACA news they may hear, Maryland’s program and Navigators have not been negatively affected by the recent Federal steps, impacting the Federal Marketplace. Furthermore, Maryland and the MHBE have been working hard on ways to encourage carriers to reduce their proposed increases, and the current rate increase proposals may not prevail. Please call HCAM in October to find out where you can make an appointment to see a Navigator in Howard County, during open enrollment.



Call: 410-500-4710. Or visit: Healthcareaccessmaryland.org

COVERAGE. CARE. CONNECTIONS.



NEXT STEPS AND MEETING WRAP-UP

September Full LHIC

Thursday, September 27

8:30 a.m. – 10:30 a.m

Access to Care Work Group Meeting

Tuesday, October 16

9:00 a.m. – 10:30 a.m.

Barton A & B